

# Nurse Support Line

Get support and guidance from a registered nurse when you need it.

## Talk to a nurse. Get answers.

Have a health question? Talk with a nurse for answers, guidance, and help deciding what to do next.



### Nurses can help with:

- New symptoms and health concerns
- Questions about medications and side effects
- Knowing when and where to get care
- Managing health conditions and concerns
- Understanding your benefits and available resources

### What you can expect

- ✓ **Personalized nurse support**  
Receive guidance from registered nurses.
- ✓ **No additional cost to you**  
Included in your BCBSRI plan benefits.
- ✓ **Convenient access**  
Talk with a nurse by phone or in-app messaging.

**Call or message a Care Guide through your BlueCare Connect account or call the phone number on the back of your ID card.**



**Not registered?** Scan the QR or visit [BlueCareConnectRI.com](https://BlueCareConnectRI.com).